Record of Diabetes control

Month								Medication			
Date	Insulin dose & type				Pre B'Fast	Mid am	Pre lunch	Mid pm	Pre E'meal	Pre Bed	Comments
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											
Mon											
Tues											
Wed											
Thurs											
Fri											
Sat											
Sun											